

Homeopathy for a Healthy Mind and Body

Homeopathy treats the
patient as a whole
and not
just the disease



healthy

mind

body

Homeopathy is a form of alternative medicine that treats patients with heavily diluted preparations that are thought to cause effects similar to the symptoms present. Dr CFS Hahnemann, a German medical doctor, was the founder of Homeopathy. It takes care of all the symptoms at the same time.

Homeopathy and Allopathy are complementary. Homeopathy boosts the immune system and removes the symptoms.



Frequently Asked Questions about Homeopathy

When to contact a Homeopath?

- ✧ Functional diseases where investigations are normal but symptoms are many.
- ✧ ENT - Recurrent attacks of cold/cough/fever; Sore throat; Sinusitis; Chronic pain in the ear.
- ✧ Pediatrics - Nose block in infants causing difficulty in feeding; Constipation; Teething; Persistent crying.
- ✧ Eye - Recurrent redness; Watering; Pain; Dryness; Styes of the eyes.
- ✧ GIT - Recurrent mouth ulcers; Acidity; Heartburn; Flatulence; Anal fissure; Piles; Irritable bowel syndrome; Jaundice.
- ✧ Urinary Tract - Recurrent urinary infection; Bed wetting.
- ✧ Skin - Allergic Dermatitis; Leucoderma; Warts; Acne; Corns; Hairfall; Dandruff; Itching.
- ✧ Orthopedics - Joint pains; Backache; Cramps; Sciatica; Osteoporosis.
- ✧ Obstetrics and Gynecology - PMS; Leucorrhoea; Menopausal syndrome; Menstrual irregularities.
- ✧ Mental Health - Effects of grief; Shock; Chronic anxiety; Fear etc.
- ✧ Postoperative Pain.

How does Homeopathy act?

Homeopathy acts on the immune system. Our immune system protects the body from foreign substances and pathogenic organisms by producing the immune response. The immune systems' presence is felt during an epidemic of a disease, where different people suffer from disease in varying degrees. Thus, a person with a low immunity suffers a severe reaction, while a person with high immunity might be affected mildly or not all.

It is important to remember that the immune system is not a constant factor. It fluctuates with the mental, emotional and physical state of the human being. When immunity is low as in HIV infection, generally harmless germs also cause disease. When the immune system is robust, the body even manages to combat even strong infections.

Does it have any side effects?

Homeopathy is relatively free of side-effects because it acts only on the diseased parts of the body with no action on the normal parts.

Can homeopathy provide relief from symptoms of the disease?

Yes it can. Homeopathic approach is especially useful, where the cause of disease is not very clear and symptoms are many.

How are the medicines dispensed?

Homeopathic remedies are generally dispensed as sugar pills made of either sugar of milk (lactose), which is less sweet; or cane sugar, which is sweeter. The pills are of varying sizes. An adult dose of size 30 is dispensed 5 at a time. One gram of these is equivalent to 10 adult doses which is equal to 4 calories. Hence, they are safe for Diabetics as well.

Is it slow acting?

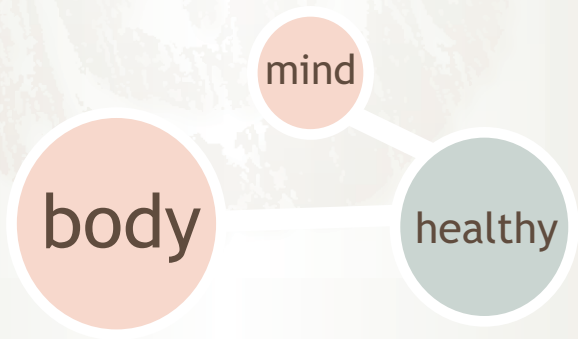
No, it is not. When the remedy is chosen precisely, the effect is very quick, almost magical.

Are there any food restrictions?

Yes, the medicines act best on an empty stomach, so it is recommended that a gap of 20 minutes be kept between the two.

Do Homeopathic medicines contain steroids?

Very often tests to check out the presence of steroids are done in local laboratories, which do not have the appropriate testing instruments leading to false positive results. The test is considered to be accurate only if done in FDA approved laboratories, by the TLC (Thin Layer Chromatography) and the UV absorption methods.



Department of Homeopathy

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Dr Priya Kapoor, BHMS, MD (Hom) Junior-Consultant is a graduate and post-graduate in Homeopathy from Nehru Homeopathic Medical College & Hospital, University of Delhi and Aurangabad respectively. She has the experience of working with a renowned homeopath Dr. Jugal Kishore for seven years, and has been involved in researching and writing books on Homeopathy.

Location Map



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